



Seattle King County  
Dental Society

## Minutes

Seattle-King County Dental Society Program and CDE Committee  
Tuesday, May 24, 2022 - 6:30 PM via ZOOM

**In attendance:** Drs. Steve Carstensen, Christine Shigaki, Christy Kirchner, Steve Albright, Tim Hess, Danny Tremblay, Jansen Richins, and Tofunmi Osundeko

**Absent:** Drs. Harlyn Susarla and Lee Zamos

**Staff:** Ms. Angela Bond

- I. Welcome and Call to Order – Dr. Christy Kirchner
  - a. **Meeting called to order at 6:34 pm.** The conflict-of-interest query was made with no objections, and it was announced that the meeting was being recorded.
  
- II. Approval of May 27, 2021 meeting minutes
  - a. **Motion to approve the previous minutes. M/S/C**
  
- III. CE Programs
  - a. Discussion of topics for 2022-2023
    - i. Sports Dentistry/Dental Trauma had been tentatively noted for this year.
    - ii. The Health:Latch Story was supposed to be held in November 2021 but had to be cancelled by a speaker emergency. Consider postponed?
    - iii. Dr. Christine Shigaki brought up the option of a panel discussion with dentists that have recently gone fee for service so that others who are interested in doing so can ask questions and get advice about becoming less insurance dependent.
    - iv. Dr. Tremblay mentioned inviting Ben Tuinei to speak about dropping insurance/moving beyond insurance in a practice, how to convey that information to patients, etc.
      1. Some consideration for combining the ideas in points iii and iv into a single program, but ultimately it was decided that this would be too much content for a single program session.
      2. It was then considered to offer these two programs on the September and October dates, so the ideas could play off each other and members could have a well-rounded perspective of all options.

- v. Dr. Carstensen pointed out that there are people who might not want to discuss either of these options and so an additional perspective that could be offered is how to make insurance work for you and your practice while maximizing patient care.
  - vi. Additionally, Dr. Carstensen brought up the topic of oral facial pain and how to use an oral facial pain specialist in your practice. He mentioned that Dr. Kate Christian is recently board certified in this area and is an excellent speaker.
  - vii. Dr. Carstensen presented the option of having Dr. Greenblatt talk about the BaleDoneen Method for cardiovascular health and the relationship to dentistry.
- b. Reserved Dates
    - i. Tuesday, September 27, 2022
    - ii. Tuesday, October 25, 2022
    - iii. Tuesday, January 31, 2023
    - iv. Tuesday, April 25, 2023
  - c. Programs set for 2022-2023
    - i. September – Dr. Kate Christian – Oral Facial Pain Management
    - ii. October – Dr. Christine Shigaki and two others – Insurance Independence Panel Discussion
    - iii. January – Dr. James Thomas – Health:Latch
    - iv. April – Installation of Officers/Annual WSDA Update

IV. Adjournment

- a. **Motion to Adjourn. Meeting adjourned at 7:14 pm. M/S/C**